

Regional Partnership Catalyst Grant Program Summary Form

Regional Partnership Name:
UM Charles Regional
Program Focus (Diabetes or Behavioral Health Crisis Services):
Diabetes
Participating Hospitals (add rows as needed):
1. University of Maryland Charles Regional Medical Center (UM CRMC)
Community Partners (add rows as needed):
1. University of Maryland Medical System (UMMS)
2. Charles County Department of Health
3. Greater Baden Medical Services
4. Health Partners
5. Charles County United Way FLINT
6. Charles County Mobile Integrated Healthcare
7. UM Charles Regional Medical Endocrinologist and PCP Group
8. Lyft Health Concierge Services
Program Summary:
<p>The UM Charles Regional “Full Circle Wellness for Diabetes” program aims to reduce the prevalence of diabetes, prediabetes, and diabetes risk factors in Charles County. The goal is to help residents with diabetes better control their condition, reduce new diabetes diagnoses by expanding prevention services, and increase access to programs that help all residents maintain a healthy weight. In 2018, 10.8% of residents had physician diagnosed diabetes, ranking 14th highest in the state. About 8 out of 10 residents also had risk factors for prediabetes which include having an unhealthy diet, little or no daily physical activity, and/or being overweight or obese. Diabetes and prediabetes rates are highest for residents who are African American or Hispanic, uninsured, and those who live in the rural Western and Southern parts of the county.</p> <p>The partnership’s evidence-based, community-focused approach includes collaboration between a regional hospital, community health centers, local nonprofits, and faith-based organizations to address the unique needs of the county’s rural and ethnically diverse population. Program activities include:</p> <ul style="list-style-type: none"> ● Expanding Diabetes Self-Management Training services by hiring a full time RN CDCES and full-time Dietician; ● Offering wrap around services including medical nutrition therapy, home visits, telehealth, pulmonary exercise, on demand transportation, patient support groups, and medication delivery; and ● Utilizing community health workers, lifestyle coaches, nurse navigators and pharmacist technicians

to provide social support for patients, and increase participation and engagement.

The service area spans 458 square miles and covers 37 Charles County communities across 25 zip codes. The program will also serve residents living along the Prince George's County and St. Mary's County borders.

